

HM Revenue & Customs  
Centre for Non-Residents  
Benton Park View  
Newcastle upon Tyne NE98 1ZZ  
UNITED KINGDOM

Date \_\_\_\_\_

In the UK (Direct line)  
Phone: 084591-  
Fax: 084591-  
Textphone: 084591-  
Outside the UK **Dial International Code** then  
Phone: 44-191-22-  
Fax: 44-191-22-  
Textphone: 44-191-22-

*Please use this name and reference if you write or call:*

Your reference:

## How you can get a State Pension Forecast

### 1 Why we are sending you this form

We are sending you this form to apply for a State Pension Forecast. You can get a Pension Forecast if you are more than four months from pension age.

### 2 What your Pension Forecast will show

Your Pension Forecast will:

- show your pension based on your circumstances at this time
- include details about any:
  - additional pension
  - Contracted-out Deductions (COD), or
  - Graduated Retirement Benefit (GRB) you are entitled to.

If you are widowed or divorced, your late or former spouse's National Insurance contributions can sometimes be used to help you get a better pension.

Further information not covered by your Pension Forecast will be sent to you separately.

### 3 About the enclosed leaflets

While you are waiting for your Pension Forecast, the enclosed leaflets NI38 and CA/SA  show the circumstances in which you may have to pay UK National Insurance contributions while abroad.

Leaflet NI38 gives:

- general information on Social Security for people abroad, and
- advice on paying voluntary National Insurance contributions to the UK scheme.

### 3 About the enclosed leaflets (continued)

You will find an application form to pay voluntary National Insurance contributions at the end of leaflet NI38.

If you:

- wish to pay voluntary National Insurance contributions you should not send us form CF83 until after you have read your Pension Forecast, or
- have recently sent in form CF83, please let us know whether you wish to continue your application once you have your Forecast.

### 4 What to do now

Please:

- fill in parts 6 to 18 of the tear-off pages using *CAPITAL LETTERS*
- detach parts 1 to 5 of this form and keep for future reference, and
- return the completed tear-off pages to us at the address shown overleaf.

### 5 Improving our service to you

We are always pleased to receive your comments and suggestions about how we can improve our service. Please contact us at the address or telephone number shown if you have any comments or are unhappy with our service.

HM Revenue & Customs is a Data Controller under the Data Protection Act. We hold information for the purposes specified in our notification made to the Data Protection Commissioner, and may use this information for any of them.

We may get information about you from others, or we may give information to them. If we do it will only be as the law permits, to check accuracy of information, prevent or detect crime, protect public funds.

We may check information we receive about you with what is already in our records. This can include information provided by you as well as by others such as other government departments and agencies and overseas tax authorities. We will not give information about you to anyone outside HM Revenue & Customs unless the law permits us to do so.



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**For official use only**  
Date letter issued:  
Forms/leaflet issued:  
PA date:

Your reference:

**6 Personal details**

Please fill in the necessary details.

National Insurance number

Title - Mr/Mrs/Miss/Ms/Other (specify)

Surname

Previous surname - if applicable

First forename

Other forename(s)

Date of birth

Nationality

Current address

The address you would like your Pension Forecast sent to if different from that shown above   
  
  
Postcode

Daytime telephone number (including Country/Area dialling code) Country  Tel

## 7 Going abroad/Currently abroad

Please fill in the necessary details.

Please tell us the name of the country that you are living or working in, or that you intend to go to

Please tell us the date:

- you arrived, or will arrive in that country

- when you left/intend to leave

If you were/are self-employed before leaving the UK please tell us the exact date your self-employment ceased or will cease

## 8 Past periods abroad

Please ✓ the appropriate box(es), and fill in the necessary details.

Have you ever lived or worked abroad?

Yes  No

- If **No** please go to part 9.

- If you answered **Yes**, please give details and the period involved.

Country

Period

 /  /  to  /  / 

Country

Period

 /  /  to  /  / 

Country

Period

 /  /  to  /  /

## 9 Checking your National Insurance number

Please fill in the necessary details.

So that we may check your National Insurance number, please tell us your last two addresses in the UK.

Postcode

Postcode

## 10 Marital status

Please ✓ the appropriate box(es), and fill in the necessary details.

We need to know what your current marital status is. This is because your State Pension may be affected by a spouse's National Insurance contributions.

What is your current marital status:

Single. Go to part 12.

Married. What is your date of marriage?

/	/
---	---

Go to part 11

Divorced. What was the date of the divorce?

/	/
---	---

Go to part 11

Widowed. What date were you widowed on?  
- A man should also ✓ this box if he has been widowed

/	/
---	---

If widowed before 9 April 2001  
have you claimed a Widowed Pension?

Yes  No  Go to part 11

If widowed on or after 9 April 2001  
have you claimed any Bereavement  
Allowance or Widowed Parent's  
Allowance?

Yes  No



## 13 About your employer abroad

Please ✓ the appropriate box(es), and fill in the necessary details.

If you are, or will be working abroad we will need to know more about your employer.

Does your employer have a place of business in the UK? Yes  No

Is your employer an International Organisation?  
(such as part of the United Nations) Yes  No

Is your employer an Overseas Government?  
(this might include working for an airline owned by another country, working in the armed forces, or in a public service such as teaching or nursing) Yes  No

Is your Contract of Service held by a UK employer? Yes  No

Are you working for your employer as a self-employed person? Yes  No

Please tell us the name(s) and addresses of your employer(s) and the dates of employment

Name

Address

Postcode

Period

	/		/		to		/		/	
--	---	--	---	--	----	--	---	--	---	--

Name

Address

Postcode

Period

	/		/		to		/		/	
--	---	--	---	--	----	--	---	--	---	--

## 14 About National Insurance

Please ✓ the appropriate box(es).

If you are already abroad please ✓ the box(es) by the description that applies to you now. Do not complete if you are not abroad and go to part 15.

Are you:

- not paying any UK National Insurance contributions.
- paying full rate UK Class 1 National Insurance contributions as an employee.
- paying full rate UK Class 2 National Insurance contributions as a self-employed person.
- paying reduced rate UK National Insurance contributions (married woman or widow's only).
- paying voluntary UK Class 3 National Insurance contributions.
- paying voluntary UK Class 2 National Insurance contributions.
- paying Volunteer Development Worker National Insurance contributions.

Please ✓ the appropriate box(es).

If you are paying voluntary UK National Insurance contributions by:

- sending a yearly payment.
- Direct Debit payment from your Bank/Building Society.
- someone paying on your behalf (agent).

## 15 About UK benefits

Please ✓ the appropriate box(es), and fill in the necessary details.

Are you receiving any UK benefit?

Yes  No

The benefit you are receiving is:

Incapacity Benefit.

Job Seekers Allowance.

Maternity Benefit.

Severe Disability Allowance.

Any other Benefit (Please say which one).

Child Benefit.

If you are receiving Child Benefit please tell us your Child Benefit number?

## 16 About living in the UK

Please ✓ the appropriate box(es).

Have you ever lived in the UK for a continuous period of three years?

Yes  No

Are you ordinarily resident in the UK?  
(See leaflet NI38)

Yes  No

## 17 Extra Information

Please ✓ the appropriate box(es), and fill in the necessary details.

I require extra information on:

stopping paying National Insurance contributions before pension age.

Please tell us the date you might stop paying National Insurance contributions

/ /

not claiming pension at pension age.

Please tell us the date you might want to claim your pension

/ /

## 18 Declaration

Please fill in the necessary details.

Check that you have answered all the questions that apply to you.

I declare that the information given on this form is correct and complete to the best of my knowledge.  
I understand that if I knowingly give incorrect or incomplete information, action may be taken against me.

**I understand that this is not a claim form.**

Signature

Date

/ /